

Date to be shared: 31 March 2025 onwards

## **New Stay Well service will support hundreds of Staffordshire children and young people**

From 1 April a new service called 'Stay Well' will provide emotional health and wellbeing support for children and young people aged five to 18 years old (25 years with SEND) in Staffordshire.

The service will also help families and professionals gain the knowledge and confidence to create an emotionally healthy environment and support children and young people.

Stay Well will offer early intervention and prevention through:

- Group and one-to-one emotional health and wellbeing sessions for children and young people
- Peer support groups for children and young people
- Access to a wide range of positive activities for children and young people
- Information, advice and guidance for children and young people, families, professionals and schools
- Workshops and training opportunities for children, young people, families, professionals and schools

The service will be provided from local venues across Staffordshire, including wellbeing centres, community venues, schools and colleges.

[Find out more about the service.](#)

### **How to make a referral**

Children, young people and their families can refer directly into the service, or they can be referred by a professional.

Call: 01782 418 518

Online: [Stay Well online referral form](#)